

## Orthodontic Training Programme

### Job Description

#### Post Details

<b>HEE Office:</b>	South West
<b>Job Title:</b>	Orthodontic Specialty Resident (ST4/5)
<b>Person Specification:</b>	National person specification
<b>Hours of work &amp; nature of Contract:</b>	40 hrs Full time/LTFT (minimum of 60%) Fixed term
<b>Main training site:</b>	University Hospitals Plymouth NHS Trust, Derriford, Plymouth
<b>Other training site(s):</b>	Royal Devon and Exeter Hospital, Heavitree, Exeter Teaching at Peninsula Dental School

#### Organisational Arrangements

<b>Training Programme Director (TPD):</b>	Dr Julie Williams
<b>TPD contact details:</b>	Dr Julie Williams Bristol Dental Hospital Lower Maudlin Street Bristol BS1 2LY  Julie.williams3@uhbw.nhs.uk

#### Training Details

Training is structured to support successful performance in the Tri-Collegiate Advanced Fellowship Orthodontics examination. At completion of training ST4/5 orthodontists in training should have achieved all necessary competencies to be able to apply for and successfully hold an Orthodontic Consultant position. ST4/5 benefit from the support of two well established teams of consultants with regular opportunities to discuss cases with Consultants and more junior colleagues.

This post is based at University Hospitals Plymouth NHS Trust where the ST4/5 will be involved in service provision and the undergraduate and postgraduate teaching activities in the region, including the Peninsula Dental School.

The ST4/5 can expect access to dental specialties with established joint working arrangements and an emphasis on a multidisciplinary approach. The department of Dental Specialties and Maxillofacial surgery include Orthodontics, Restorative Dentistry, Oral Surgery and Paediatric Dentistry. The ST4/5 will be an integral member of the team providing joint assessment, diagnosis, planning and treatment of patients requiring MDT care in the following multidisciplinary clinics.

- Orthodontic-Restorative Dentistry (monthly)
- Orthodontic-Oral Surgery (monthly)
- Orthognathic Care (monthly)
- Regional Cleft Care (at least six per year)
- Orthodontic-Paediatric Dentistry for cleft (six per year)

Care for patients born with cleft lip and/or palate is provided in collaboration with the Bristol regional cleft team, as part of the South Wales and South West Managed Clinical Network for Cleft Lip and Palate. The ST4/5 will also benefit from attachments with the regional cleft lip and palate team based at Bristol Dental Hospital on an ad hoc basis depending on the personal development portfolio of the ST4/5.

Our aim is to offer opportunities for the ST4/5 to expose them to a wide range of clinical cases and management/leadership scenarios to prepare them for consultancy. Any special interests of the individual ST4/5 will be taken into consideration when planning their timetable and activities.

## **Duties and Responsibilities of postholder**

### **Clinical**

The ST4/5 will have a personal case mix of multidisciplinary and other complex 3b cases. They will play an active role in all clinics including preparation and delivery of MDT clinics.

Being the only orthodontist in training in the Plymouth training unit will provide ample opportunities and exposure to a wide range of patients.

#### **Teaching/ Supervision**

The ST4/5 will be encouraged to make the most of teaching opportunities to teach and supervise undergraduate and postgraduate students, dental and non-dental staff. We have good links with Peninsula Dental School and Bristol Dental School.

#### **Study/Research Study**

The ST4/5 will be encouraged to attend regional study days in addition to the online National training programme, in addition to time reserved for personal study, exam preparation and research. Study and examination leave allowance are as stated in the Terms and Conditions of Service.

#### **Clinical Administration**

Clinical administration time is timetabled. The ST4/5 will have a desk in a shared office with colleagues from dental specialties and will have full clerical support. They will have full access to all necessary computer packages with good IT support and OPAL for orthognathic planning.

#### **Accountability, Support and Progress**

The ST4/5 will be accountable to the orthodontic clinical lead. Training progress will be assessed on a regular basis and training progression will be monitored using the ARCP process. The ST4/5 will be expected to maintain their ISCP portfolio.

#### **Clinical Governance**

The Trust has a well-established framework for clinical governance incorporating the clinical audit programme. The post holder will be expected to take part in clinical audit and quality improvement. They will also be expected to achieve clinical governance objectives in accordance with the agreed directorate and corporate clinical governance programmes. The department takes part in regional audit with twice yearly meetings, and also in national specialty audits. The department has monthly meetings which include clinical

governance and departmental teaching. The ST4/5 will be expected to take an active role in these and will also be encouraged to attend regional orthodontic MCN meetings.

## Description of main training site

**University Hospitals Plymouth NHS Trust** is the largest teaching hospital trust in the South West. We employ over 10,000 staff that work in 350 different roles, plus hundreds of volunteers. We provide comprehensive secondary and tertiary healthcare. Our geography gives us a secondary care catchment population of 450,000 with a wider peninsula population of almost 2,000,000 people who can access our specialist services.

The CQC rated us as outstanding for caring. We're not perfect but we really do live by our values and caring for our colleagues helps ensure, in turn, that they are able to deliver the best possible care to our patients.

We offer great opportunities for career development in a highly progressive working environment, and we offer all of this in a vibrant, modern city with a historic reputation for adventure.

The orthodontic department at Derriford Hospital provides services to the catchment population of Plymouth Hospitals NHS Trust, which includes Plymouth, South Hams and East Cornwall. The unit is a 'spoke' site to the South Wales and South West Cleft Service. The Bristol (hub) team hold joint clinics at Derriford at least six times a year.

We have a good working relationship with local specialist and general practitioners. The established Devon & Cornwall Orthodontic Managed Clinical Network (MCN) provides a valuable forum for communication between local providers and commissioners of orthodontic care to facilitate the provision of effective and efficient orthodontic services.

The orthodontic department shares a purpose-built unit and sits within Dental Specialties and Maxillofacial Surgery. We have five orthodontic treatment rooms. Two are newly refurbished and offer spacious rooms suitable for MDT clinics. Both rooms have higher weight threshold chairs and one has a ceiling mounted hoist. There is a well-equipped dental and maxillofacial laboratory within the unit with three experienced technicians. We have a digital dental radiographic facility within the unit, which is staffed by a qualified radiographer. There are computerised facilities for the storage and retrieval of radiographs (WEBPACS) and the analysis of cephalometric data (OPAL). We have an efficient CBCT service working with a local dental practice and reporting provided by an experienced consultant dental and maxillofacial radiologist. We have plans to introduce in-house cone

beam computerised tomography (CBCT) and intraoral scanning soon. We are in the process of scanning all study models for archiving.

We have a friendly team who work well together to provide care for our patients. Three of our nurses have completed their orthodontic specialist training and we work with our orthodontic therapist to provide care. We also have an OHE clinic and a dental hygiene therapist available to support our patients during their orthodontic treatment when needed. There are other dentists in specialty training in Oral surgery and Maxillofacial surgery working within the department, along with DCTs and medical F2s. There will be opportunities to buddy with other orthodontic ST4/5 trainees through the regional network and national online network.

We are excited to be working on one of the biggest digital transformations we've ever undertaken - launching one single electronic patient record across Devon. Our hospital is going live with the EPIC electronic patient record in summer 2026.

For more information please see [www.plymouthhospitals.nhs.uk/working-for-us](http://www.plymouthhospitals.nhs.uk/working-for-us).

### **Description of second training site**

The Orthodontic Department is based at the Royal Devon and Exeter Hospital – Heavitree site (RD&E). Heavitree is increasingly used as a base for elective outpatient care such as dermatology, ophthalmology and fertility services and as such presents an ideal, calm welcoming base for orthodontics.

Orthodontics forms part of the Combined Maxillofacial Unit and shares close working relationships. The Orthodontic Department comprises 7 fully equipped A-Dec chairs in an open plan, bright and air-conditioned clinic which is devoted to orthodontics. This is a welcoming modern set-up and we are delighted to work in such a fabulous environment.

There are computers chair side with model storage within the unit. We have EPIC electronic patient record system. Nursing and secretarial support staff is formally assigned to one or other of the specialities but are flexible in meeting the needs of both specialities as the needs of the service require. Radiographic facilities are provided by a departmental x-ray machine with a walk-in CBCT service. Digital radiographs are stored and accessed through Trust computers with additional ability to analyse lateral cephalograms (OPAL system). In Exeter the department is equipped for digital photography with two complete Nikon D50 cameras. Images are uploaded to EPIC seamlessly. There is a modern and well-equipped Maxillofacial and Orthodontic Laboratory with 2 orthodontic technicians

providing the full range of fixed, functional and removable appliances. There is a well-equipped office space within the department on both sites with desk and storage space. Office space is shared with other clinicians within the Combined Unit. We have 3 orthodontic consultants; Louise Kneafsey, Amelia Jerreat, Jen Jopson. Staff within the unit play an active role in training and teaching locally, regionally and nationally. In addition to other StRs and DCT2s we have 2 orthodontic therapists and within the Combined Unit undergraduate students also attend the unit regularly. A regular weekly joint Orthognathic clinic is held with Mr Mike Esson (Maxillofacial Consultant). Cleft Lip and Palate Services are provided by the Bristol and Wales Cleft Team who visit for monthly MDT clinics. The RD&E is one of the 'spoke' units where patients will have Orthodontic, Audiology, ENT and Speech Therapy services provided locally where appropriate. There is no consultant service for Restorative Dentistry in Exeter. All cases requiring restorative advice and support are referred out of the district to consultants at Taunton, Torbay or Derriford.

**Description of third training site *(if applicable)***

Not applicable.

**Staff involved in training:**

<b>Name</b>	<b>Job Title</b>	<b>Site</b>	<b>Role</b>
Julia Scott	Consultant Orthodontist	UHP	Educational/ Clinical Supervisor
Claire Forbes-Haley	Consultant Restorative Dentist	UHP	Clinical Supervisor
Jennifer Sawyer	Consultant Oral Surgeon	UHP	Clinical Supervisor
Srikanth Gangidi	Consultant Maxillofacial Surgeon	UHP	Clinical Supervisor
Daniella Bailey	Consultant Paediatric Dentist	UHP	Clinical Supervisor
Louise Kneafsey	Consultant Orthodontist	Royal Devon & Exeter Hospital	Clinical Supervisor
Amelia Jerreat	Consultant Orthodontist	Royal Devon & Exeter Hospital	Clinical Supervisor
Jen Jopson	Consultant Orthodontist	Royal Devon & Exeter Hospital	Clinical Supervisor
Julie Williams	Consultant Orthodontist	Bristol Dental School	Training Programme Director

**Indicative timetable (details are subject to change)**

**Week 1**

	<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>
<b>AM</b>	UHP Treatment clinic (D) with OT supervision	UHP 1:8 Joint Cleft Ortho-Paed Dent MDT (D) Trainer: JKS (DB)  2:8 Joint Ortho-Rest Dent MDT Trainer: JKS (CFH)  5:8 Treatment Clinic (D) Trainer: JKS	1:4 UHP Orthognathic Clinic (D) Trainer: JKS (SRG)  3:4 RDE Orthognathic Clinic (D) Trainer: LK/AJ/JJ	UHP 1:8 Cleft clinic (D) Trainer: JKS  7:8 New patient clinic (D) Trainer: JKS	UHP Treatment clinic (D) Trainer: JKS
<b>PM</b>	UHP Admin with OT supervision	UHP 1:4 Joint Ortho-Rest Dent MDT (D) Trainer: JKS (CFH)  3:4 Treatment Clinic (D) Trainer: JKS	1:4 UHP Admin  3:4 RDE Supervision/teaching Post-graduate trainees/OTs Trainer: LK/AJ/JJ	UHP 1:8 Cleft clinic (D) Trainer: JKS  7:8 Treatment Clinic (D) Trainer: JKS	UHP 1:8 Joint Ortho-Oral Surgery MDT (D) Trainer: JKS (JCS)  7:8 Admin

## Terms and Conditions

### General

- a) The Post is subject to the Terms and Conditions of Service of Hospital Medical & Dental Staff (England & Wales), to the General Whitley Council Conditions of Service and also to the National Health Service Pension Regulations.

Note: Salary protection is only available to the level of the top point on the StR pay scale.

- b) Candidates may wish to consider training either full-time or part-time. Both timetables are located at the end of this document. The timetable for the part-time post is subject to change and will be discussed in full with the successful candidate if this route is chosen. Some degree of flexibility during training will be necessary to enable exposure to the full range of multidisciplinary clinics. You are entitled to receive three months notice of termination of employment and are required also to give your employing Authority three months' notice.
- c) Salary will be calculated according to national terms and conditions
- d) Accommodation The appointment does not require you to be resident. A practitioner who resides in hospital voluntarily shall pay a lodging charge which may be deducted from any remuneration. When he/she occupies a house, flat or self contained apartment the charge will be assessed on a rental basis in accordance with standing instructions to health authorities. All charges are made in accordance with the Terms and Conditions of Service of Hospital Medical and Dental Staff (paragraphs 173-182)
- e) Additional costs borne by the ST4/5. The ST4/5 will be required to register with the Intercollegiate Surgical Curriculum Project (ISCP). They will also be responsible for examination fees for their Collegiate Examinations.

### Study Leave

- a) The Dental Postgraduate Dean, South West Deanery confirms that this post and Programme has the required educational and staffing approval to provide the

additional training required to prepare for the Examinations and to apply for a consultant post in orthodontics. The appointments will be subject to yearly ARCP assessment.

- b) The training period is structured according to the guidelines for the two years (or equivalent) additional training for NHS consultants in orthodontics issued by the SAC and accepted by the General Dental Council. Training is geared towards successful performance in the planned replacement for the Intercollegiate Specialty Fellowship Examination (ISFE).
- c) Library facilities, including location. There are libraries at both sites. Numerous journals are kept within each library and there are excellent IT facilities with internet access.
- d) There is a dedicated Virtual Learning Environment managed by the British Orthodontic Society to aid the learning and development of those in training.
- e) The Registrars are encouraged and assisted to attend appropriate courses in clinical, teaching and managerial skills. There will be the usual provision for study leave.

### **Annual Leave**

Annual leave is offered in line with trust policy, calculated at 25 to 30 days depending on level of experience and NHS service. As with study leave 6 weeks' notice must be given prior to leave. Annual leave must be taken in equal distribution across both sites.

The post is covered by the Terms and Conditions of Service of Hospital Medical and Dental Staff.

### **Other information**

#### **Location**

Plymouth, Britain's Ocean City, occupies a stunning location. From the sparkling coastlines, to its heritage & culture and the wild open moorlands of Dartmoor, this part of the world has something to offer for everyone. It's a perfect city for ambitious people

looking to build a career, and enjoy a rich and rewarding life. Please follow the link below to read through Plymouth's Book of Wonder and find out more: [www.visitplymouth.co.uk](http://www.visitplymouth.co.uk).

### **Transport**

There is good access to Plymouth by road, rail, boat and by air. We are 2 hours from Bristol, 4 hours from London and are in a great location to offer excellent access to all parts of the South West Peninsula.