

Orthodontic Training Programme

Job Description

Post Details

HEE Office:	Health Education South West Postgraduate Dental Deanery
Job Title:	Specialty Trainee in Orthodontics ST4
Person Specification:	NRO to complete
Hours of work & nature of Contract:	Full or part time Specialty Training
Main training site:	Royal Devon and Exeter NHS Foundation Trust
Other training site(s):	Royal United Hospitals NHS Foundation Trust, Bristol

Organisational Arrangements

Training Programme Director (TPD):	Mrs Amelia Jerreat
TPD contact details:	Orthodontic Consultant Royal Devon and Exeter Hospital (Heavitree) Gladstone Road Exeter EX1 2ED amelia.jerreat@nhs.net

University:	This section isn't relevant to ST4's						
Degree awarded:							
Time commitment:							
University base fee 2020/21:		What will I pay in 1st year?		What will I pay in 2nd year?		What will I pay in 3rd year?	
Bench fees:							

Training Details

The Orthodontic Department is based at the Royal Devon and Exeter Hospital – Heavitree site (RD&E). Heavitree is increasingly used as a base for elective outpatient care such as dermatology, ophthalmology and fertility services and as such presents an ideal, calm welcoming base for orthodontics. Orthodontics forms part of the Combined Maxillofacial Unit and shares close working relationships. The majority of the Senior Specialty Training will be carried out in Exeter whilst some aspects will be provided by University of Bristol Dental Hospital. Bristol can be accessed by rail or train and is approximately 80 miles from Exeter.

The Orthodontic Department comprises seven fully equipped A-Dec chairs in an open plan, bright and air-conditioned clinic which is devoted to orthodontics. This is a new and modern set-up and we are delighted to work in such a fabulous environment. There are computers chair side with model storage within the unit. Nursing and secretarial support staff is formally assigned to one or other of the specialities but are flexible in meeting the needs of both specialities as the needs of the service require.

Radiographic facilities are provided by a departmental x-ray machine. Digital radiographs are stored and accessed through Trust computers with additional ability to analyse lateral cephalograms (OPAL system). In Exeter the department is equipped for digital photography with two complete Nikon D50 cameras. Image archiving is completed through the department and stored on the Trust server.

There is a modern and well-equipped Maxillofacial and Orthodontic Laboratory with two orthodontic technicians providing the full range of fixed, functional and removable appliances.

There is a well-equipped office space within the department on both sites with desk and storage space. Office space is shared with other clinicians within the Combined Unit.

Staff within the unit play an active role in training and teaching locally, regionally and nationally. In addition to other StRs and SHOs we have an orthodontic therapist and within the Combined Unit undergraduate students also attend the unit regularly.

A regular weekly joint Orthognathic clinic is held with Mr M Esson (Maxillofacial Consultant).

Cleft Lip and Palate Services are provided by the Bristol and Wales Cleft Team (Clinical Director: Mr Scott Deacon Consultant Orthodontist). The RD&E is one of the spoke units where patients will have Orthodontic, ENT and Speech Therapy services provided locally where appropriate.

There is no consultant service for Restorative Dentistry in Exeter. All cases requiring restorative advice and support are referred out of the district to consultants at Musgrove Park Hospital, Taunton.

Training is geared towards successful performance in the ISFE Orthodontics exam and award of FDS (Orth) from the trainees affiliated Royal College.

Duties and Responsibilities of postholder

a) Clinical

The Senior Specialty Trainee will have a personal caseload of IOTN 4 and 5 malocclusions specifically designed to enhance training for secondary care patient care.

They will have the opportunity to correct malocclusions using fixed and functional appliances as well as the use of more unusual treatment mechanics. The use of complementary treatment such as TADs and facemasks will be encouraged.

In addition, they will have exposure to new patient clinics and will be exposed to the management and treatment of more complex orthodontic cases such as orthognathic treatment, complex hypodontia cases and the treatment of cleft cases.

b) Teaching

There will opportunities for teaching within the department in Exeter especially for supervision of the orthodontic ST1, orthodontic therapist and other DCPs. On occasions a trainee may be asked to give lectures or tutorials to these staff.

The supervised teaching and clinical training of an undergraduate group of students is an important part of the post and this will be accessed through Bristol Dental Hospital. Chairside teaching of undergraduates can also be experienced at Exeter.

There are opportunities to teach on DDS training days for the South West Orthodontic StR programme.

The holders of these posts have a significant role in the running of the regular journal clubs involving more junior trainees.

There will be scope to undertake a more formal teaching qualification through Bristol University.

c) Study/Research

Study and examination leave allowance are as stated in the Terms and Conditions of Service.

There are opportunities to meet up on regional training days specifically designed for post CCST training. National training days are also available for the trainee to attend as per the training matrix approved through South West HEE.

Facilities for research are available for approved projects and research is actively supported.

d) Administrative

The routine administrative content of this post is allowed for in the timetable.

e) Audit

The trainee will be expected to actively participate in and supervise local audit within the Trust.

Orthodontics is a small speciality within the South West Region and so audit also takes place principally at a Regional and sub-regional level. Registrars attend all these meetings and take a full part.

The departments participate in all national specialty audits.

Description of main training site

Royal Devon and Exeter Hospital NHS Foundation Trust

The Royal Devon & Exeter NHS Foundation Trust (RD&E) serves the mixed urban and rural population of Exeter, East and mid Devon. In addition, patients access specialist services from a wider region including the rest of Devon, Somerset and Cornwall. This trusts' reputation as an innovative leading acute hospital has developed over 250 years.

The RD&E was one of the first Foundation Trusts to be created in the country and supplies services to about 400,000 residents and visitors primarily in Exeter and East and Mid Devon.

The Trust is governed by a unitary board comprising a Chairman, Chief Executive and both Executive and Non-Executive Directors. The Executive Directors manage the day to day operational and financial performance of the Trust. These consist of the Chief Executive Officer, a Director of Transformation and Organisational Development, a Medical Director, a Director of Finance and Business Development and a Chief Nurse /Executive Director of Delivery.

The Non-Executive directors do not have responsibility for the day to day management of the Trust but share the Board's corporate responsibility for ensuring that the Trust is run efficiently, economically and effectively.

Clinical services are managed in three divisions led by a Divisional Director, Associate Medical Director and an Assistant Director of Nursing/Associate Director of Midwifery and Patient Care.

For a full description of the main hospitals and services of the Trust see the Trust website <http://www.rdehospital.nhs.uk/>

Description of second training site

University Hospitals Bristol NHS Foundation Trust (UH Bristol)

Situated in the heart of Bristol, UH Bristol is a large city centre Teaching Trust employing over 7000 staff, with annual revenue of nearly £400 million and with a total of 1156 beds throughout the Trust. We are one of the largest employers in Bristol and provide a wide range of in-patient, outpatient and day-care services to the local population within Bristol, as well as being the biggest specialist referral centre for the South West England.

University of Bristol Dental Hospital

Bristol Dental Hospital and School is a major specialist centre in the South West Region. The Dental Hospital has approximately 70,000 patient attendances per annum and has an excellent national and international reputation for patient care, scholarship and research.

Academics work in close association with NHS colleagues and share joint management procedures. The Dental Hospital site is adjacent to the Bristol Royal Infirmary (BRI), a major tertiary referral centre, where all investigative, medical and surgical facilities are present within the complex.

There is a designated Children's Hospital within the Bristol Royal Infirmary complex. 2013

saw the centralisation of the Head and Neck services to UB Bristol.

Within BDH, this included oral and maxilla facial surgery and orthodontics. The South West cleft services transferred to the dental hospital in the summer 2014.

Staff involved in training:

Name	Job Title	Site	Role
Mrs Amelia Jerreat	Orthodontic Consultant	RDE	TPD, Clinical supervisor
Ms Louise Kneafsey	Orthodontic Consultant	RDE	Educational and clinical supervisor
Mr Matthew Moore	Orthodontic Consultant	RDE	Clinical supervisor
Mr Mike Esson	Oral and Maxillofacial Consultant	RDE	Clinical supervisor
Ms N Atack	Orthodontic Consultant	BDH	Clinical supervisor
Mr C Day	Orthodontic Consultant	BDH	Clinical supervisor
Ms K House	Orthodontic Consultant	BDH	Clinical supervisor
Mr S Deacon	Orthodontic Consultant and Lead Cleft Orthodontist	BDH	Clinical supervisor
Ms J Williams	Orthodontic Consultant	BDH	Clinical supervisor
Prof A Ireland	Orthodontic Consultant	BDH	Clinical supervisor
Mr T Jones	Orthodontic Consultant	BDH	Clinical supervisor

Indicative timetable (details are subject to change)

Full time timetable

	Mon	Tue	Wed	Thu	Fri
AM	Bristol MDT: Restorative (1:4) New Patients clinics (3:4)	Exeter New patients (1:4) Non- clinical (3:4)	Exeter MDT: orthognathic clinic (3:4) Non- clinical (1:4)	Exeter New patients (1:4) Non-clinical (3:4) Cleft clinic (6x annum)	Exeter Treatment
PM	Bristol Teaching: undergraduate Non – Clinical (1:4)	Exeter Treatment	Exeter Treatment	Exeter Treatment Cleft Clinic (6x annum)	Exeter Treatment

Part time timetable (if applicable)

	Mon	Tue	Wed	Thu	Fri
AM	Bristol MDT: Restorative (1:4) New Patients clinics (2:4) Non-Clinical (1:4)		Exeter MDT: orthognathic clinic (2:4) Treatment (2:4)	Exeter New patients (1:4) Treatments (2:4) Non-clinical (1:4) Cleft clinic (6x annum)	
PM	Bristol Teaching: undergraduate (2:4)		Exeter Treatment	Exeter Treatment Cleft Clinic (6x annum)	

	Non – Clinical (2:4)				
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Terms and Conditions

General

The post is covered by the Terms and Conditions of Service of Hospital Medical and Dental Staff.

Study Leave

As per HEE study leave policy - <http://www.dental.southwest.hee.nhs.uk/about-us/study-leave/>

Annual Leave

The post is covered by the Terms and Conditions of Service of Hospital Medical and Dental Staff.

Other information

Transport

There are excellent transport connections to Exeter which sits close to the M5 motorway and has a mainline railway station with services to London and the rest of the UK. The fastest trains to London take just over 2 hours, so it is feasible when required to make day trips to London for meetings or conferences.

Exeter has an International Airport which is the UK headquarters for low cost airline FlyBe. There are numerous scheduled and charter flights to the UK and near continent. Bristol Airport is a larger hub and is approximately 1.5 hours by road for travel further afield.

For travel further west, the rest of Devon and Cornwall is reached via excellent road and rail links, providing easy quick access to innumerable holiday and recreational opportunities.